

TECHNICAL

When passing the ball to a team mate, aim the ball away from the defender, so the receiver has more space and time.

MENTAL/PHYSICAL

Disperse to use the whole field. Use depth and width to form triangles, so the ball carrier always has 2 good passing options.

COMMUNICATE!!

ATTACKING AS A TEAM

MENTAL/TECHNICAL

Try to manipulate the defense to create 1v1 opportunities. Pull the defense to one side of the field and then switch the play. Improvise and be confident in 1v1 situations.

MENTAL

Be patient. You can't always score as soon as your team wins the ball. Keep the ball and wait for an opportunity to arise.

MENTAL/TECHNICAL

Try to play a forward pass whenever possible. Look to penetrate through lines of defense by dribbling, or passing. **SHOOT** when the chance arises.

HAVE CONFIDENCE!!