

PHYSICAL/MENTAL

Keep looking, up to see the defender, the space and the passing option.

MENTAL

Take the defender away from your passing option, to give them space.

2V1 ATTACKING

MENTAL

Disperse into space, so the defender can't mark, or pressure both attackers at once.

PHYSICAL/MENTAL

Move into space and provide width and depth, so your partner has good passing options.

MENTAL

Be patient. Keep manipulating the defender until an opportunity to penetrate arises.